

## 2017 ANNUAL REPORT



*Providing supportive programs and services  
to cancer patients, their families and their caregivers*

# ARIZONA ONCOLOGY FOUNDATION



ARIZONA ONCOLOGY  
FOUNDATION  
*Health. Healing. Survivorship!*

# ARIZONA ONCOLOGY FOUNDATION – 2017

Dear Friends,

When you get that call and are told “You Have Cancer,” your world is turned upside down.

A cancer patient’s family member recently came to us devastated because the eldest brother in the family had just been diagnosed with cancer. He had been fighting what the doctors thought was pneumonia a few weeks earlier, and seemed to be getting better. They never expected that he was about to hear those dreadful words - “you have cancer.”

His sister just happened to call him from another city that evening, just moments after he had spoken with the doctor. She could not believe her ears. She was jolted, like a kick in the stomach, just hearing him say the word *cancer*. She said to him “what do you mean cancer – what, what, when, what kind, how bad . . . I’m coming.”

She immediately got off the phone and called the BIG sister who lives across the country. “Darryl is sick, really sick. You have to come – I’m scared.” Ironically, the sister responded with the same words, “what, what, when, what kind, how bad . . . I’m coming.” She lovingly added, “we got this baby sister, don’t worry.”

Within a couple of days, all of the siblings were at his side – from across Phoenix, Tucson, New Mexico, and across the country. There they sat – in the hospital, gathered in his room – letting him rest, taking turns going in and seeing him, talking to him, telling him they loved him, and eating lots of junk food, like donuts at four o’clock in the morning. They knew that cancer cells love sugar but heck, at times like this, it just didn’t matter. The stress and anxiety quickly became apparent among the family members. Many of them began complaining of backaches, headaches, worry, and more.

Darryl fought for ten days in that hospital - then lost his battle. During that time and after, however, he and his family had and still have access to the programs and services that Arizona Oncology Foundation offers. From materials helping keep track of appointments, medications, and other medical information (in collaboration with BAG-IT), to integrative therapies like massage for anxiety and stress.

We are so grateful to be able to serve patients and their families in chaos, in sadness, and in survivorship! Our programs and services do make a difference. Families like this express to us just how important this work is. Yes, the good work of physicians and clinical workers is critical and saves lives, but our work brings to patients and families what they often can’t – the non-medical supportive services that make this journey more bearable. Research shows people fighting cancer who have support and use complementary services along with traditional treatment, heal better. If you know someone who has any type of cancer, please let them know that we are here for them. Call or visit one of our Resources Centers or visit our website for more information.

None of us is immune to this ugly disease. Our board of directors includes oncologists, patients, and community leaders and others who have had their lives impacted by cancer in one way or another. We invite YOU to join us in Health, Healing, and Survivorship.

*Because together is always better.* Because, we are you and you are us - cancer affects us all.

Thank you for your support and partnership. We hope you find this first annual report informative and helpful.



Very kindly yours,

A handwritten signature in black ink that reads "Lee Klein".

The Board of Directors  
Lee Klein, President

# ARIZONA ONCOLOGY FOUNDATION – 2017



## Programs & Services

Having cancer can be one of the most stressful experiences in someone's life. According to the American Society of Clinical Oncology (ASCO), there is research that links physical activity, nutrition, acupuncture, and mind-body practices with reduced pain, tension and stress in cancer patients. It may also help with fatigue, anxiety, depression, sleep problems and symptoms after surgery.

AOF provides support to help those affected by cancer – patients, family members and caregivers. Programs are specially designed to help in the relief of pain, stress and anxiety, and financial burden as well as encourage feelings of support and improved self-image. Our support groups help with the emotional aspects of cancer. They provide a place to share feelings as well as learn from others facing similar circumstances. Our goal is to promote Health, Healing and Survivorship! We offer:

### Integrative Therapies

Acupuncture, Massage Therapy, Manual Lymph Drainage, Reiki, Reflexology, Hypnosis

### Support Groups

Living with Hope, Living with Cancer, Young Adults, Gynecological Cancer, Breast Cancer, Lung Cancer, Head & Neck Cancer

### Movement Classes

Yoga/Chair Yoga, Functional Strength Training, Shiatsu, Gentle & Restorative Yoga

### Financial Support

Gas cards and bus passes for transportation to and from medical appointments. Vouchers for services offered in our Resource Centers.

### Education

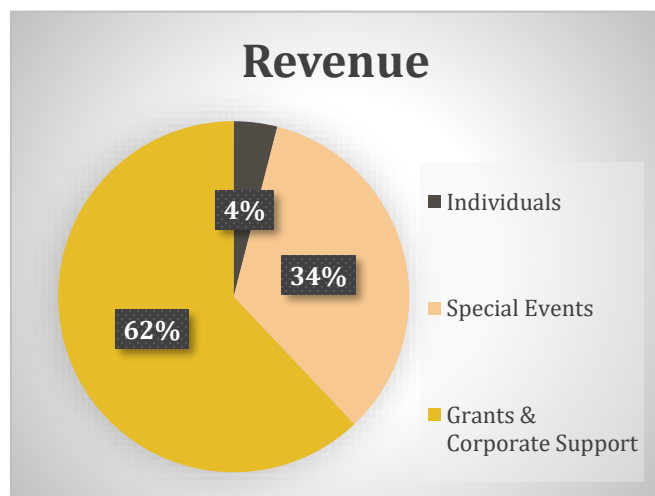
Nutrition, Meditation, Stress Management, Look Good Feel Better skin, hair and beauty program. Educational media centers featuring touch-screen computers and I-pads with easily accessible information relating to prevention, diagnosis, treatment and living with all cancers.

### Other

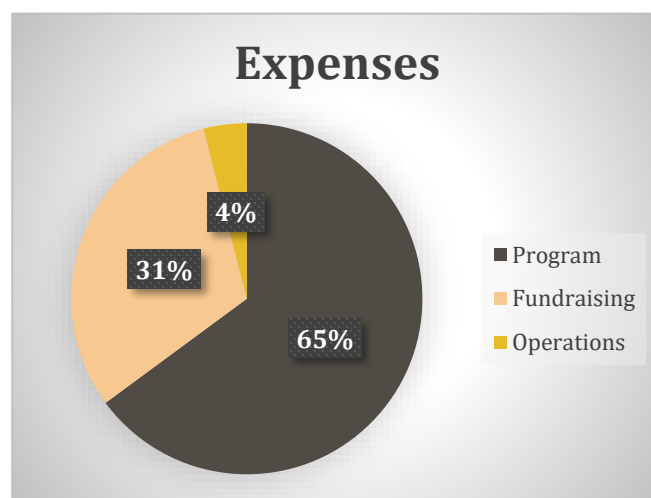
Free breast prosthesis, post mastectomy items, wigs, and other head coverings. Dental services for those whose cancer treatment has affected their oral health. House cleaning for patients during active treatment. Lodging when traveling a distance for cancer treatment. We also collaborate with other cancer-related organizations to meet individual needs so that we minimize the duplication of services and resources.

# ARIZONA ONCOLOGY FOUNDATION – 2017

## BY THE NUMBERS



Total Revenue \$418,646



Total Expenses \$382,840

## Arizona Oncology Foundation Statement of Financial Position As of December 31, 2017

	Total
<b>ASSETS</b>	
<b>Current Assets</b>	
Bank Accounts	\$ 467,940.87
Fixed Assets	7,531.88
<b>TOTAL ASSETS</b>	<b>\$ 475,472.75</b>
<b>LIABILITIES AND EQUITY</b>	
Liabilities	0.00
Unrestricted Net Assets	439,666.69
Net Revenue over Expenses	35,806.06
<b>Total Equity</b>	<b>\$ 475,472.75</b>
<b>TOTAL LIABILITIES AND EQUITY</b>	<b>\$ 475,472.75</b>

In 2017, we provided nearly 8,000 services for almost 4,000 people!

*As a cancer survivor, I am honored to serve on the AOF Board. I am very fortunate that my cancer was detected and treated at an early stage. I know the emotions that come with hearing the doctor's words, "You have cancer." I hope what I do will help fund our services so that others will be comforted or relieved by what we do. ~Jim Humphrey, Board Member*



# ARIZONA ONCOLOGY FOUNDATION – 2017

## THOSE WHO SUPPORT ARIZONA ONCOLOGY FOUNDATION

Thank you to our donors and supporters for their generosity! We acknowledge the following whose monetary or in-kind gifts were received January 1, 2017-December 31, 2017. We apologize for any inadvertent error of omission from our list. Please call 520.870.6060 to report a correction.

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Agape Hospice & Palliative  
Agendia  
Amazon Smiles Foundation  
Ambry Genetics  
Angel Valley Funeral Home  
Anonymous  
Arizona Community Surgeons  
Arizona Diamondbacks  
Arizona Oncology - Central Business Office  
Arizona Oncology Associates, PC  
Arizona Commercial Lighting - Owners Dennis & Shari Eberlein  
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Breakthru Beverages  
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# ARIZONA ONCOLOGY FOUNDATION – 2017

## Donations cont.

Nothing Bundt Cakes  
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Pear Tree House  
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Radiology LTD, P.L.C.  
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Southern Arizona Head & Neck  
Cancer Support Group  
Southwestern Surgery Associates  
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Foundation  
TMC Foundation  
Town West Realty, Inc.

Tucson Federal Credit Union  
Tucson Medical Center  
Union Public House  
Unique Fashions LLC  
United Community Health Center  
Ventana Medical Systems, Inc.  
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Wanderlust Floral Design -  
Kimberly Flack, Owner  
Western Neurosurgery LTD  
Xcel Delivery Services

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**Dr. Robert Brooks**  
Dr. Peter Salomon  
**Cathy Walker**  
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**Donna Gerstel**  
Margaret Stephenson  
**Lisa Wolfe**  
Ventana Medical Systems, Inc.  
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**Cathy Walker**  
Jacqueline Ford

## IN MEMORY OF

**Bridget Badowich**  
Match Point Tennis Club  
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James Niebuhr  
**Patricia Ann Fisher**  
James Fisher  
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Lauren Libby  
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Geraldine Kraft  
Ernest & Jo Ann Sayre  
Doris Swanson Trust  
**Barbara Thompson**  
Phil Thompson  
**Ginger Thompson**  
Caroline Castillo-Pinto



Because together is always better when it comes to fighting cancer!  
Our work is possible because of the generosity of YOU and people like you,  
who care enough to give of your time, talent and treasure.  
Do you know someone who would consider joining us in the fight?

# ARIZONA ONCOLOGY FOUNDATION – 2017

## STAFF

BECKY O'HARA, CFRE  
DIRECTOR OF DEVELOPMENT



RON BRIDGEMON  
PROGRAM/VOLUNTEER COORDINATOR



## Arizona Oncology Foundation is led by an all-volunteer Board of Directors Serving in 2018

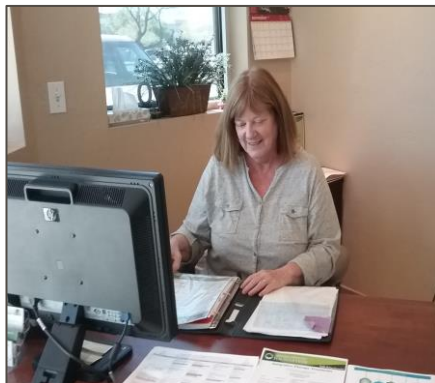
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Honorary Directors  
Jim Horvath  
Robert Brooks, MD  
Donald Brooks, MD

### thank You!

Our volunteers gave 4,423 hours of service working in the resource centers. Using the Independent Sector's estimated wage calculator, our volunteers' time is valued at almost \$107,000! We also utilize student interns from the University Of Arizona College Of Public Health. Special thanks to our volunteer Board of Directors for leading the way to mission-driven accomplishments and to many other volunteers who help with special events.



**L-R: Patti helps us keep statistics on number of services we provide. Lois works at our NW Resource Center, greeting patients, family members and caregivers and helping them make appointments and find others services they need. Suzanne helps patients, family members and caregivers with programs and services at our East Resource Center.**



# ARIZONA ONCOLOGY FOUNDATION – 2017



L-R: Festival of Trees raised over \$100,000 this year! Collaborating with other non-profits means we can provide more services to those fighting cancer. Free head coverings and wigs are available in our Resource Centers. Staff and board members receive a generous donation from Chicks N Chaps at the Tucson Rodeo. The amount was adjusted to \$7,000.

## Contact Information

### Mailing Address

2625 N Craycroft Rd. Ste. 100 | Tucson, AZ 85712

Website: [www.arizonaoncologyfoundation.org](http://www.arizonaoncologyfoundation.org)

We participate in many educational and health-fair events throughout the year. Please visit [www.arizonaoncologyfoundation.org](http://www.arizonaoncologyfoundation.org) or call 520.870.6060 for details and registration of any event.

## Resource Centers

### Northwest Tucson

2070 W. Rudasill Rd. Ste. 100

520.877.9038

### Central/East Tucson

2625 N Craycroft Rd. Ste. 215

520.324.2840

## 2018 Special Events

Jim Click Raffle Fundraiser – Runs through Dec 7

Feb 18 Chicks n Chaps at Tucson Rodeo

Feb 24 Roadrunners “Cancer Awareness Night”

March Special programming for Natl. Nutrition Month

Mar 24 Wag & Walk

Apr 3 AZ Gives Online Fundraiser

Apr 12 East Resource Center Open House

Apr 14 Roadrunners “Health-Care” Appreciation

Apr 20 Cheers! Fundraiser

Apr 28 Comedy For A Cure Fundraiser

Oct 20 Breast Cancer Update

Dec 1 Festival of Trees and Lights

## What Cancer Cannot Do

Cancer is so limited...

It cannot cripple love.

It cannot shatter hope.

It cannot corrode faith.

It cannot destroy peace.

It cannot kill friendship(s).

It cannot suppress memories.

It cannot silence courage.

It cannot invade the soul.

It cannot steal eternal life.

It cannot conquer the spirit.

-Author Unknown